



Hormone Balancing Consent Form

I, _____ (print your name) understand that hormone replacement therapy (HRT) has become even more controversial. I know that the recent Women's Health Initiative study (WHI) has reported an increased risk of breast cancer, strokes, heart attacks and blood clots in the arm of the study where PremPro was used. I also am fully aware that the medical providers at COREhealth do not use PremPro or synthetic drugs to replace the hormones lost in women who are in menopause. Furthermore, they have disclosed to me that there are no studies to support the type of Hormone Balancing Therapy of bioidentical hormones that they use and in the manner that they prescribe them. They have, however, gone over the normal physiology of the menstrual cycle before menopause and have explained how they try to mimic this physiology as much as possible when prescribing HBT in menopausal women.

All of my questions have been answered to my satisfaction and I understand that the staff of COREhealth is available to answer any further questions I may have.

Although no studies have been done, I am willing to take the risk of continuing or starting HRT in this manner.

Signature: _____

Date: _____